

Abraham Hicks - Emotional Guidance System

- 1. Joy/Appreciation/Empowerment/Freedom/Love**
- 2. Passion**
- 3. Enthusiasm/Eagerness/Happiness**
- 4. Positive Expectation/Belief**
- 5. Optimism**
- 6. Hopefulness**
- 7. Contentment**
- 8. Boredom**
- 9. Pessimism**
- 10. Frustration/Irritation/Impatience**
- 11. Overwhelm (feeling overwhelmed)**
- 12. Disappointment**
- 13. Doubt**
- 14. Worry**
- 15. Blame**
- 16. Discouragement**
- 17. Anger**
- 18. Revenge**
- 19. Hatred/Rage**
- 20. Jealousy**
- 21. Insecurity/Guilt/Unworthiness**
- 22. Fear/Grief/Desperation/Despair/Powerlessness**