## Reiki I, II & Master Level Classes

Instructor:

## Victoria Rush Haren

Certified Reiki Master/Teacher

Reiki is an ancient Japanese form of energy healing. In Level I, you will learn how to work with the Reiki energy, review basic hand placements for treatments of self and others. Reiki II offers the understanding of the Chakra System and instructs you on how to utilize three very powerful ancient symbols. In the Master Level training you will learn two additional Master Symbols, instructions on using stones and crystals during a session, use of Reiki with Reflexology, and how to connect intuitively with your clients. A Reiki certificate will be awarded at the end of Reiki I & II. The Master Certificate will be awarded after all prerequisites are met.

Reiki I- Sat. April 15, 2023 Reiki II- Sat. May 13, 2023 Reiki Master Level- Sat. July 8, 2023

> 9 am - 6 pm \$95 (for each level)

Previous Reiki students of Victoria Haren may audit class. Love offering appreciated.

## Recommended Textbook: "Essential Reiki" by Diane Stein

You are welcome to bring snacks and a light lunch. To heighten your Reiki Attunement, try to eat only natural whole foods 24 hours before class. Refrain from eating foods such as sugar, red meat, artificial flavors, caffeine, etc.

Classes will be held at

## **Unity of Dayton**

6741 Chambersburg Rd., Huber Heights, OH 45424

For more information, please call or text Victoria @ 937-751-2996

Make checks payable to: Victoria Haren

Pre-register required Class is limited. Early registration suggested!